

DR. GRACIELA

Holistic Growth Integrative Counseling, PLLC AIRES Enterprises, LLC

HolisticFlow® Mind-Body-Spirit Belly Dance™ Workshops • Retreats • Classes • Events

PARTICIPANT WAIVER & INFORMED CONSENT

PARTICIPATION

Participation in these experiences is entirely voluntary. By choosing to attend, register, purchase, access, or participate, you acknowledge that you are doing so of your own free will and accept responsibility for your participation.

HEALTH RESPONSIBILITY

You are solely responsible for determining whether participation is appropriate for your physical, emotional, psychological, and medical condition. If needed, consult your healthcare providers before participating.

ASSUMPTION OF RISK

Activities may include movement, breathwork, mindfulness, emotional exploration, music, discussion, and educational experiences. Participation involves inherent risks, including physical injury, emotional discomfort, illness, aggravation of existing conditions, property loss, disability, or other unforeseen outcomes.

RELEASE OF LIABILITY

To the fullest extent permitted by law, you release, waive, discharge, and agree not to bring claims against Dr. Graciela Aires Rust, Holistic Growth Integrative Counseling, PLLC, AIRES Enterprises, LLC, HolisticFlow®, Mind-Body-Spirit Belly Dance™, and all affiliated instructors, employees, contractors, volunteers, venues, sponsors, and representatives for claims arising from participation.

PROFESSIONAL BOUNDARIES

These experiences are educational, wellness-oriented, and experiential in nature. They do not constitute psychotherapy, mental health treatment, medical treatment, diagnosis, legal advice, or healthcare services.

Participation does not establish a therapist-client, patient-provider, coaching, fiduciary, or confidential clinical relationship.

MEDIA & INTELLECTUAL PROPERTY

Photographs, videos, recordings, testimonials, and related materials may be used for educational, promotional, website, social media, and marketing purposes.

All program content, materials, methods, recordings, and intellectual property remain protected.

DIGITAL CONSENT

By registering, purchasing, participating, entering your name, signing electronically, or checking the acknowledgment box on the website, you confirm that you have read, understood, and voluntarily agree to all terms of this Participant Waiver, Release of Liability, and Informed Consent Agreement.

"By participating in these experiences, I acknowledge that I am choosing to engage voluntarily, with awareness, responsibility, and respect for my own well-being."